

SUPPORTING LIFE'S JOURNEYS **RECOGNITION AWARDS** 2010

Do you know someone who helps to change lives for the better through mentoring or befriending?

If so, why not nominate a project, volunteer, funder, commissioner or business that has made a real difference.

The deadline for nominations is 25th October 2010.



SUPPORTING LIFE'S JOURNEYS RECOGNITION AWARDS 2010

***We want
to hear
from you!***

**"I would like to nominate my
volunteer befriender for an award
as she helped me to integrate into
my community. She also helps with
practical things such as dealing with
my correspondence. I really value
the time that she gives to me"**

Befriender

Recognising the inspirational people who help to change lives for the better through mentoring and befriending

The Supporting Life's Journeys (SLJ) Recognition Awards 2010 will recognise the diverse support mentoring and befriending projects, volunteers, funders, commissioners or businesses provide to people as they progress through life's journeys.

Whether you're part of a small organisation working in a local community or a larger organisation delivering services across the UK, if you help to change lives for the better through mentoring and befriending we want to hear from you!

The SLJ Awards are part of a programme of activities marking 2010 as the European Year of Combating Poverty and Social Exclusion.

Visit www.2010againstopoverty.eu to find out more about EY2010 or contact the campaign team with your question.



Why nominate?

The Supporting Life's Journeys Recognition Awards 2010 are a perfect opportunity to celebrate and acknowledge the achievements made possible through mentoring and befriending.

The awards also offer a great way to profile your own organisation and increase understanding and appreciation of what you do amongst funders, commissioners and the wider public.

Who can nominate?

We welcome submissions from anyone who wants to nominate a volunteer, project, funder, commissioner or business involved in mentoring or befriending. For more information about the categories turn to page 4 or visit www.supportinglifesjourneys.org.uk

You can even nominate yourself for an award, providing it is verified by a sponsor. A sponsor can be anybody who can confirm your involvement in mentoring and befriending, for example, a parent, a friend, a member of a project or a representative of your local community.

Which award category should I submit a nomination to?

Firstly you need to decide who you want to nominate and then you should choose the most relevant category. The five award categories are;

- ★ mentors
- ★ befrienders
- ★ mentoring projects
- ★ befriending projects
- ★ funders, commissioners or businesses

If you're not sure which award is best for the person or project you want to nominate, please just contact the campaign team where someone will be happy to advise you.

You can contact the campaign team on 0161 787 8600 or email info@supportinglifesjourneys.org.uk


Can I submit more than one nomination?

You can submit as many nominations as you like, so long as the nominees meet the entry criteria listed in the Recognition Awards 2010 categories criteria table on page four.

What happens once I've submitted my nomination?

Once you have sent the nomination form to the campaign team

1. You will be notified once your submission has been received by email or phone
2. Your nomination will be considered by the awards panel (made up of third sector organisations that support the mentoring and befriending)
3. You will find out whether or not your nomination is successful when the shortlist is announced on 1st November 2010
4. If the nomination you made is shortlisted, the nominee will be invited to attend an awards ceremony in November where a winner will be announced. For details of when and where an awards event will take place near you please visit www.supportinglifesjourneys.org.uk



"I would like to nominate my funder for an award. They are always there to support the project by attending events and are committed to hearing the voices of our service users"

Mentoring Project Co-ordinator



Categories and Criteria

Category	Who can be nominated?
Mentor Recognition Award Recognises the outstanding contribution of an individual who has voluntarily given their time to mentor another person.	Any individual who has volunteered or is currently volunteering as a mentor in the United Kingdom.
Befriender Recognition Award Recognises the outstanding contribution of an individual who has voluntarily given their time to befriend another person.	Any individual who has volunteered or is currently volunteering as a befriender in the United Kingdom.
Mentoring Project Recognition Award Recognises the outstanding contribution of a mentoring project delivering services that help to change lives for the better.	Any type or size of mentoring project in the United Kingdom.
Befriending Project Recognition Award Recognises the outstanding contribution of a befriending project delivering services that help to change lives for the better.	Any type or size of befriending project in the United Kingdom.
Funder, Commissioner or Business Recognition Award Recognises the outstanding contribution of a funder, commissioner or business that has helped to change lives for the better through investment in mentoring and befriending services.	Any funder, commissioner or business (this can be an individual, team, department or organisation) that has supported or is currently supporting mentoring or befriending through investing time or financial support in the United Kingdom.

Nomination process

What you need to do:

- ★ Decide which category you want to submit a nomination to
- ★ Read the rules of the scheme (below)
- ★ Get the permission of the individual or group you want to nominate or find somebody to verify your award if you're self-nominating
- ★ Complete the simple nomination form on the next page
- ★ Return it by October 25th 2010
- ★ Look out for the shortlist announcement on 1st November 2010

There are two ways you can submit nominations:

Online: You can submit the nomination electronically by downloading the form located at www.supportinglifescourneys.org.uk and emailing it to info@supportinglifescourneys.org.uk

By Mail: You can submit the nomination form by completing the next page and posting it to the below freepost address:

Mentoring and Befriending Foundation
 FREEPOST
 NWW 338IA
 Manchester
 M30 1AX

You may want to provide supporting materials, such as letters of support, news clippings and photos with your form to illustrate the nomination. Please note any supporting materials can not be returned.

RULES OF THE SCHEME

- ★ Nominations will only be accepted if received on or before closing date
- ★ Permission must be sought from the individual or group nominated
- ★ If nominees are under the age of 16 permission must be sought from a legal guardian
- ★ Self-nominations are acceptable on the condition the nomination is verified by a sponsor/fellow volunteer/organisation



"I would like to nominate the project that I have been with over the last year. The mentoring has been great and has helped me stay out of trouble"

Mentee

Short listing process

- ★ Short listing will take place in five different regions (The South, The North, The Midlands, Scotland, Wales and Northern Ireland)
- ★ In each region the judging panel will select three shortlisted entries for each award category
- ★ Shortlisted projects will then be invited to attend a Regional Recognition Award Ceremony week commencing 15th November 2010 (Please see the box below to find out where the Regional Recognition Award Ceremonies are taking place)
- ★ Overall winners in each category will be announced at the Regional Recognition Award Ceremonies
- ★ The category winners from each region will then be invited to a UK wide ceremony taking place in London in December 2010

Need help with travel costs?

If you or your nominee are shortlisted for the awards and require support with your travel costs, help is at hand! Simply contact the campaign team to let us know what support you need and we'll talk through how we can help.

Email: info@supportinglifesjourneys.org.uk
Tel: 0161 787 8600

Regional Recognition Award Ceremonies

Regional Recognition Award Ceremonies will take place up and down the UK in November 2010. Shortlisted applicants will be invited to attend one of the following events:

- ★ Glasgow and Edinburgh – for nominees based in Scotland
- ★ Belfast – for nominees based in Northern Ireland
- ★ Cardiff – for nominees based in Wales
- ★ Manchester – for nominees based in the North of England (NE, NW and H&Y)
- ★ London – for nominees based in the South of England (SE, SW and London)
- ★ Birmingham – for nominees based in the English Midlands (WM, EM and East)

UK Recognition Awards Ceremony 2010

Winners from the Regional Recognition Awards will all be invited to a UK Recognition Award Ceremony in London in December 2010

Prizes

Regional Recognition Awards 2010

All projects shortlisted for Regional Recognition Awards will receive a certificate of commendation

Winners in each category at the Regional Recognition Awards will receive the following prizes:

Mentors and Befrienders – a full day campaign training day for you and 20 volunteers at your project

Projects – two free training places on the Mentoring and Befriending Foundations National Training Programme

Funders, Commissioners or a Business – an engraved Supporting Life's Journeys 2010 Recognition plaque

UK Recognition Awards 2010

All projects shortlisted for a UK Recognition Award will receive a certificate of commendation

There will be one overall UK winner in each category who will receive the following prizes:

Mentors and Befrienders – £1000 for personal and project development

Projects – To be confirmed

Funders, Commissioners or a Business – an engraved Supporting Life's Journeys Recognition plaque

For more information and further copies of this guide, please contact the Supporting Life's Journeys campaign team on 0161 787 8600 or email info@supportinglifesjourneys.org.uk

Forms are also available to download from www.supportinglifesjourneys.org.uk



"I would like to nominate my mentor as he has gone that extra mile in helping me to find the right training course. Thanks to him I am now studying full time"

Mentee

Category (please tick appropriate boxes)

- Befriender Award Mentor Award Befriending Project Mentoring Project
 Funder, Commissioner or Business

Nominator/Sponsor (please tick appropriate boxes)

- I am a nominator here are my details
 I am self nominating this is my sponsor

Title

Name

Project or organisation name:

Job title (if applicable)

Relationship to nominee:

Address

Email

Telephone

Nominate (please tick appropriate boxes)

Please complete the details about the individual or project you would like to nominate below.

Nominee's name

Relationship to the mentoring or befriending project:

- Volunteer
 Project Staff
 Funder
 Commissioner

Nominations submitted to:

**FREEPOST
NWW 3381A
MANCHESTER
M30 1AX**

Or online at:

info@supportinglifesjourneys.org.uk

Question 1. Describe the activity carried out by the nominee

Please type or write below and continue on additional sheets if necessary

Here are some examples of the type of information you may wish to use in your answer:

Mentor and Befriender nominations

Description of the relationship; length of the relationship/s; number of hours dedicated to the project.

Project nominations

Description of mentoring or befriending service and the client group it supports; project aims; number of volunteers and service users; training provision; source of funding; external recognition of safe and effective practice; website address.

Funders, commissioners or business nominations

Length of time the funding has been in place; type of support offered (financial or value in kind); relationship built.

Question 2. Explain why the nominee deserves an award for the activity/ies they have carried out?

Please type or write below and continue on additional sheets if necessary

Here are some examples of the type of information you may wish to use in your answer:

Volunteer – Details of the impact the volunteer has had on their mentee/befriender's life as well as their own; quotes or testimonials from the mentee/befriender; details of the impact the volunteer has had on the project.

Project – Details of how the project helps to change people's lives for the better; quotes and case studies from service users, testimonials from supporters, evaluation statistics and reports.

Funder/Commissioner/Business – Details of work that has helped to raise awareness and build support for a mentoring or befriending service; examples of any work done to ensure that effective and safe practice is delivered by the project; details of what difference this support has made to the project, for example raising awareness and connecting into new networks.

Please tick appropriate boxes

- I confirm the nominee has agreed to be nominated
- I confirm the nominee is happy to take part in any potential media activity as part of the campaign
- I confirm to the best of my knowledge, all information on this form is correct, that I understand and abide by all terms and conditions, and that the nominee has agreed to be nominated.
- I am happy to support the Supporting Life's Journeys Campaign

Name Date

Remember to include any supporting materials that will help to bring your application to life. Please note supporting materials will not be returned.

How and where did you hear about Supporting Life's Journeys Recognition Awards 2010?

- By printed flyer By email Via a website
- By word of mouth
- Through membership of an organisation.

Please specify

- I would like to receive more information about Supporting Life's Journeys